

an appointment register configured to store and retrieve time data including the second set of data; and,

an application configured to put the mobile device in a low power consumption state substantially near the sleep time, and to bring the mobile device out of the low power consumption state at substantially the earlier of the wake time or one of the future appointment times.

2. (Amended) The system of claim 1, wherein the application is further configured to not bring the mobile device out of the low power consumption state if the mobile device has been shut off by the user-actuated hard switch.

4. (Amended) The system of claim 3, wherein the user interface provides a countdown mechanism to allow a user prompt and response to cause an abort signal to be sent to the application prior to putting the mobile device into the low power consumption state.

5. (Amended) The system of claim 3, wherein the user interface provides a countdown mechanism to allow a user prompt and response to cause an abort signal to be sent to the application prior to bringing the mobile device out of the low power consumption state.